

MIRAMAR FIRE-RESCUE

2019 ANNUAL REPORT



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MIRAMAR FIRE-RESCUE



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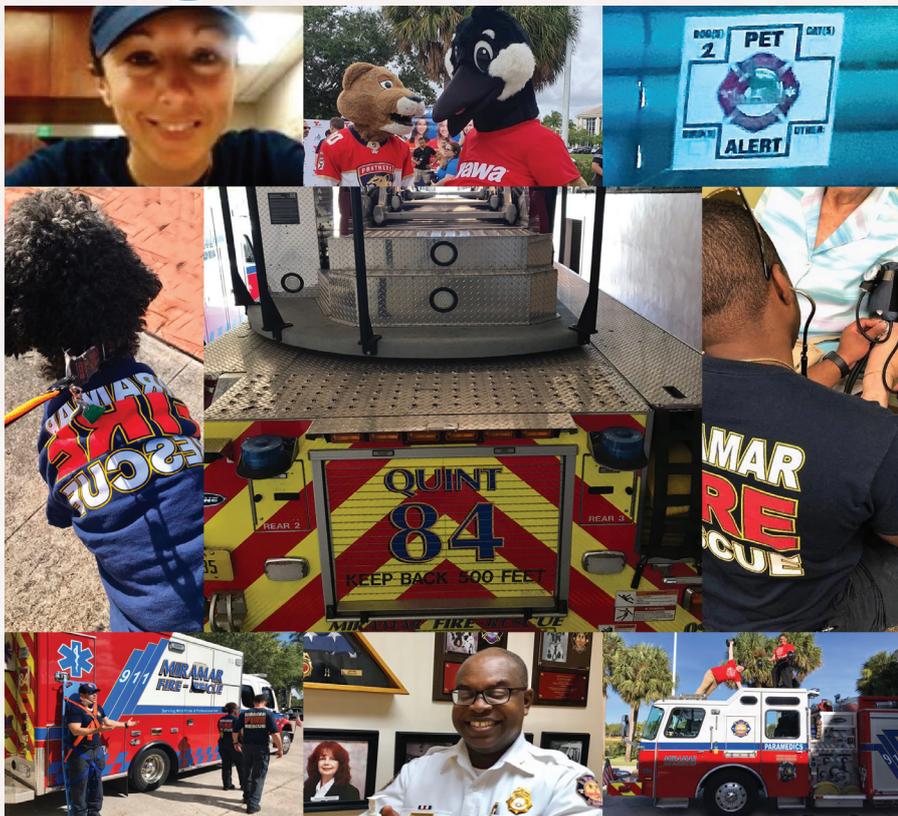
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<https://www.youtube.com/channel/UCbSYz-jUqgyy6pzEcbCV7JOg>



FOMO: Fear Of Missing Out;
A natural reaction,
we understand and can help.

FOLLOW US ONLINE

Message from The Chief
Miramar Fire-Rescue Mission, Vision & Values

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MESSAGE FROM THE CHIEF



Welcome back!

This annual report belongs to you, the residents, businesses, organizations and visitors that we have the privilege of interacting with throughout the year.

We had a lot of big plans when looking ahead to 2019 and I am thrilled to be in a position to **highlight** for you the exciting progress we have made that you should keep an eye out for as you read through your report.

Our goal is to continue seeking initiatives that are focused on the health and well-being of our team and community. This past year we saw great strides in our **cancer initiative** with the replacement of two **station exhaust systems**.

In addition, we **replaced all the existing AEDs and added 14 new locations** in our City buildings. The team also saw the **replacement of their bunker gear** and **Self Contained Breathing Apparatus**, which are both integral in their emergency responses.

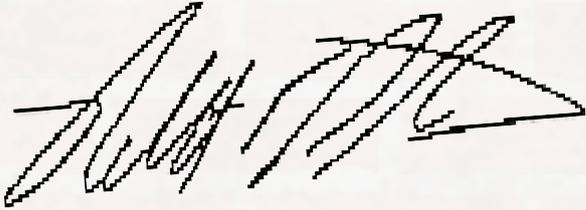
These initiatives will contribute to a healthier place to work and visit.

We have also been expanding and moving forward with our **Fire Officer and mentoring programs** to ensure the growth and continued success of the Miramar Fire-Rescue Department.

My goal as the Fire-Rescue Chief is to ensure that we not only meet and exceed your needs and expectations today but protect, educate and serve you with pride and professionalism into the future.

As always, we thank you for giving us the gift of your trust which we will continue to respect and honor.

Sincerely,



Robert E. Palmer,
Chief of Miramar Fire-Rescue



MISSION

To protect, educate and serve with pride and professionalism.



VISION

To be a premier fire-rescue department recognized as an industry role model in effectiveness, efficiency and community partnering.



VALUES

We are dedicated to a culture of safety, courage, compassion and charity while selflessly serving our community. We believe leadership is demonstrated through integrity, commitment, loyalty and humility, by continuing to foster professionalism through excellence, teamwork, respect and accountability. Above all, we treat each other and the community with respect based on mutual trust and open, honest communication.

STATS OF 2019

TOTAL CALLS: 12,461

FIRE: 2,492 MEDICAL: 9,969

BUSIEST MONTH: OCTOBER

**AVG RESPONSE TIME: 6 MINS
52 SECS**



PREPARING OUR COMMUNITY



AED

At Miramar Fire-Rescue we take pride in our community and we believe that is reflected in the many ways we work to ensure that our community is prepared.

In the American Heart Association's 2019 Heart and Stroke Statistics annual report they noted that there are more than 356,000 out of hospital cardiac arrests happening annually.

Quick CPR and AED use doubles the chances of survival. This year the City adopted Ordinance 1706 requiring AED's along with Stop the Bleed kits in most businesses and commercial/retail space in our city.

We led the charge by **upgrading all of our existing City building AED's** and Stop the Bleed kits as well as **adding an additional 14.**

For any business that has questions our Fire Marshal's and Inspectors are ready to help every Wednesday in our Building Department.



CPR

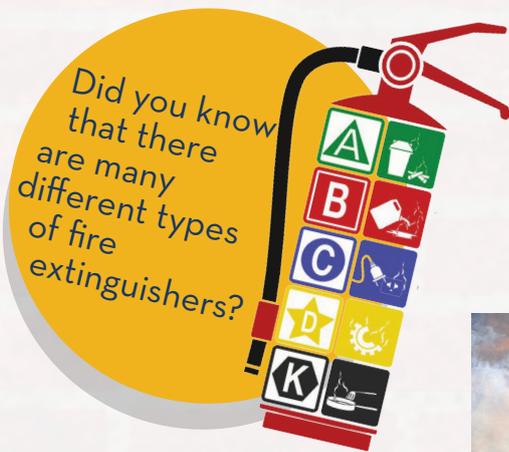


Chain of Survival



STOP THE BLEED

Miramar Fire-Rescue partnered with the Broward Health Coalition, Memorial Healthcare Systems and the Broward School Board to establish the Stop the Bleed Program and have continued that program including the high school students, staff, City employees and residents.



The Training Division teaches classes to prepare everyone on proper usage and techniques for the AED as well as CPR and Stop the Bleed. The Fire Life Safety Bureau is available on Wednesday's to answer questions regarding installation so we can make sure our community is ready!

EXTINGUISHERS

Another educational opportunity that we offer are classes to teach residents and businesses the appropriate type and way to use fire extinguishers.



PREPARING OUR COMMUNITY



CERT

The Community Emergency Response Team (CERT) program educates volunteers about disaster preparedness for the hazards that may impact our area, such as hurricanes.

In 2019 we added 22 new members bringing our CERT active members to 110 total.

Introductory CERT team members start with a 20 hour course where they are trained in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations.



For our existing CERT team members we also have a more advanced series of trainings available that include, Stop the Bleed, CPR, Advanced Search & Rescue, Off Road RTV & Radio Communications. During 2019 we completed 14 advanced trainings.

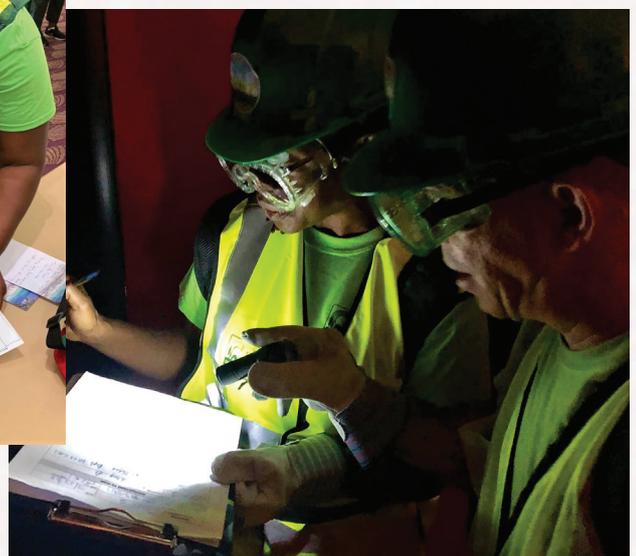




Having a plan before hurricane season is just as important as having a fire plan.

ready.gov/plan

During this last year you would have caught our CERT members volunteering at events like the Tour DeBroward and the Fort Lauderdale Air & Sea Show where a larger crowd benefits from extra hands and eyes. They also participated in the Safety Fest Drill, the Florida CERT Conference, on the west Coast at a multi day National CERT Conference and even filming a video for advanced search and rescue techniques. They do it all!



Let us know when you are ready to join the fun classes run every year!

PREPARING OUR COMMUNITY



MIRAMAR CADETS

The Miramar Fire-Rescue Cadet Program continues to provide the youth of our community guidance, mentoring relationships and experiences that not only give them insight into the fire services as a career but also skills and experiences they can use in any endeavor.



If they pursue fire service as their career this program allows them to begin learning their field before even graduating high school and get a jump start on their careers.



EVERGLADES HIGH



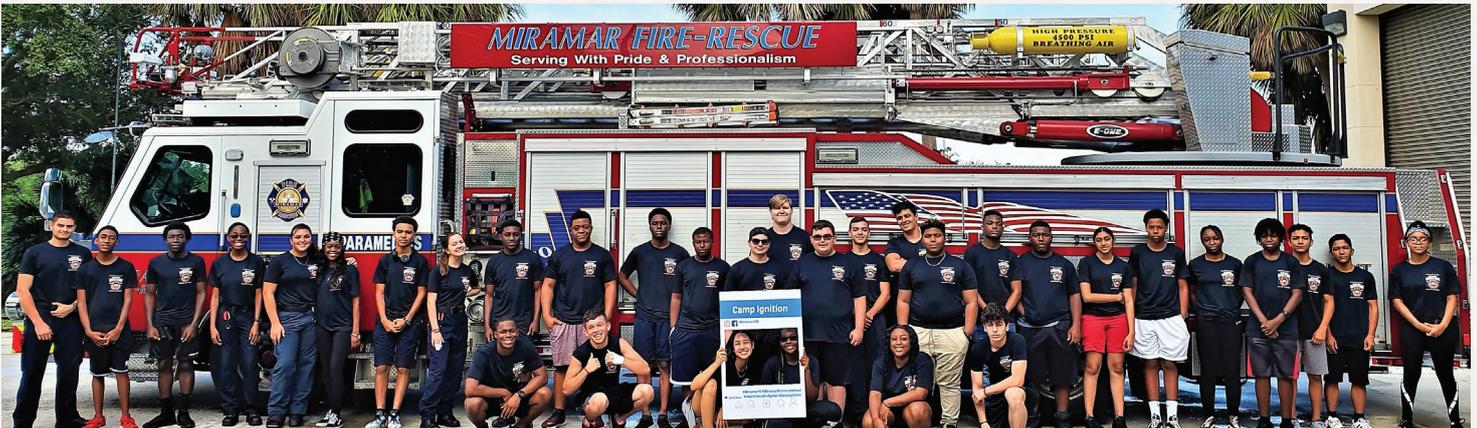
The fire academy at Everglades High allows high school students to grow and expose themselves to the fire service profession before graduating high school and achieve credit at the same time. It also teaches them valuable leadership and teamwork skills along the way that they will carry with them throughout life.



CAMP IGNITION



Camp Ignition is a three-day summer camp for high school students that gives us another opportunity to introduce prospective young people to the fire service. Campers have the chance to participate in activities ranging from CPR class, fire extinguisher training, and hose deployment to aerial operations.



PREPARING OUR COMMUNITY



PET INITIATIVE

This year we were able to form our Pet Committee and move forward with a lot of exciting initiatives for our Department to move us forward when it comes to handling pets at many different types of scenes.



The additional equipment we were able to buy through donations from our community included pet CPR/oxygen masks for pets who are affected by smoke in a fire. We have also made valuable contacts throughout our community for after emergency pet placement and lost pets.

Avoid placing glass water bowls on wood decks. A glass water bowl left in the sun can act as a magnifying glass and focus the sun's rays into a hot beam that could start a fire.



PET ALERT



We never want to see anyone's loved one get left behind.

An animals base instinct is to run away or hide out of fear so when we created our "Miramar Fire-Rescue Pet Alert" stickers this year it was to ensure that we knew who was home especially when they could not let us know.



LEARNING



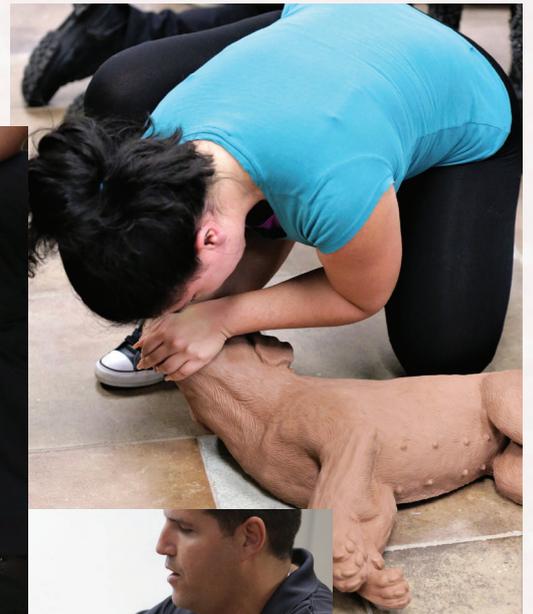
PET CPR

Our Pet Committee was trained not only how to be proficient in but also how to train others in pet CPR, the Heimlich maneuver, basic first aid and safety for the care provider and the pet at an emergency scene.



OUR FIRST CLASS

Our first class was taught all the basics to be able to provide care to a pet in trouble until they could get to the vet or emergency responders arrive.



We look forward to seeing you in the classroom!

PREPARING TO SERVE OUR COMMUNITY



Every time a SWAT Team goes to do their job there is the risk that a member of the team, a civilian or even the suspect could be injured.

Given the potential for a hostile environment whenever involved in a SWAT mission, that could leave you in a situation to have to make a tough call when it comes to an injured teammate, but when you a SWAT medic embedded on your team you have the answer.



Special Weapons and Tactics Medics provide medical care in these situations, that under normal circumstances would be considered too dangerous for a paramedic to enter.



SWAT Medics are rigorously trained in the same manner that law enforcement SWAT members are trained. They start with several weeks at SWAT school and then upon acceptance onto the team training is ongoing for the length of time that you are on the team. Teamwork and collaboration can be seen in many ways across the City but nothing is quite like that of the SWAT team.



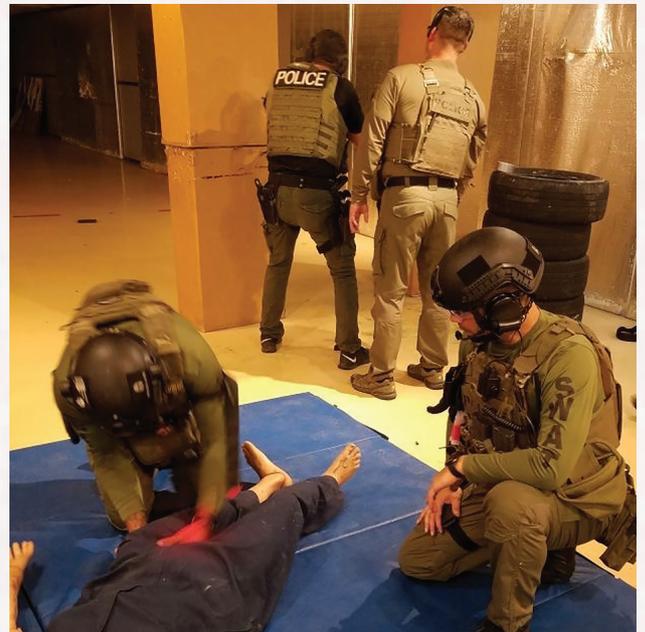
TACTICAL COMBAT CARE



While the SWAT Medics are embedded in the SWAT Team and out together they perform the medical requirements.

However, there are other times that officers can face medical situations while on their own and for that they have Tactical Combat Care bags that all the PD officers carry day to day.

The SWAT medics provided insight into the design of what should be in that bag and provide the ongoing medical training on tactical combat care for the Department.



Included in the tactical combat care bag are the basics for bleeding control, such as a tourniquet, pressure bandages and gauze. Some of the same items that you might find in a Stop the Bleed kit.



PREPARING TO SERVE OUR COMMUNITY

PREPERATION



Training is the foundation by which we maintain a well prepared Department, that can execute quickly and confidently. Training allows for improvements to be made in a non-emergency situation and everyone reaps the benefits.



STROKES

We have long prided ourselves as being at the cutting edge of stroke protocol and we continue to work to ensure that remains the case. Partnering with specialists and hosting other Departments for classes keeps Miramar Fire-Rescue sharp and relevant in what we do for our patients.



MENTORSHIP

We set ourselves a goal to enhance our mentorship programs to ensure that we have succession planning and that our Department has an established base of future leaders. Our **Fire Officer mentorship** rounds with the Fire Chief and Deputy Chief met great success and we look forward to the continuing sessions and all levels.



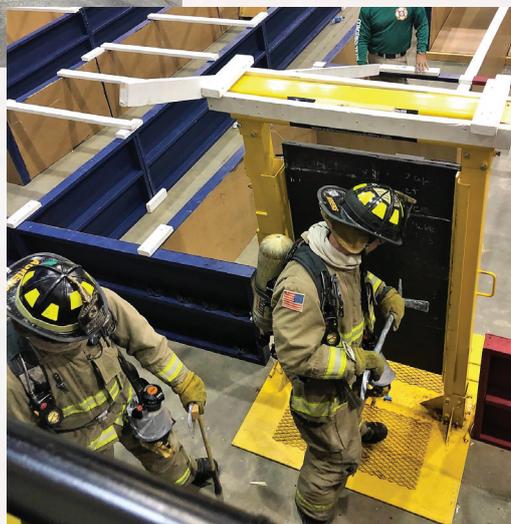
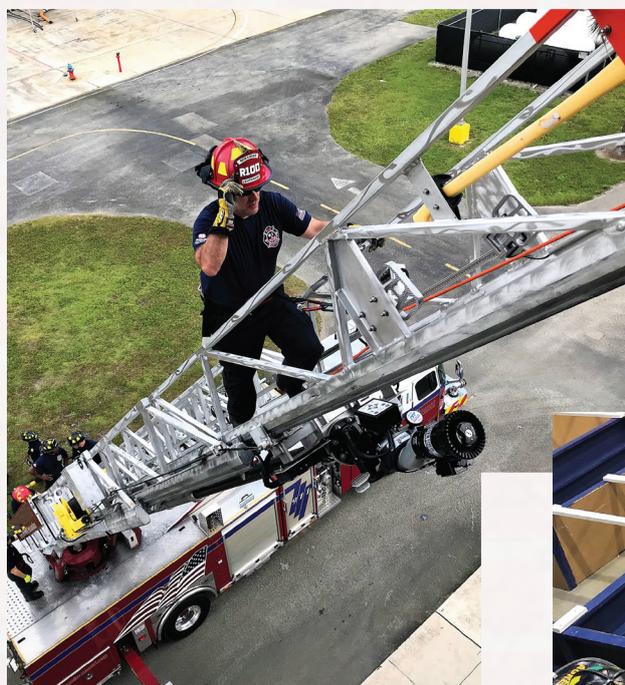
FIREGROUND

The "fireground" is defined most technically as the scene of a fire, especially the area in which fire and emergency services are operating.

The fireground is one of the most dynamic work environments and our goal is to provide the highest quality of training in practical, diverse environments to be prepared.



We also need to ensure our teams have the best equipment and this year we **replaced all of the Self Contained Breathing Apparatus and Bunker Gear.** Doing the job should always be safe and **keeping carcinogens away** is a start.



Our competition team is another example of keeping skills sharp while not on the job and they work hard at honing their skills to bring home the wins from the competition but that pays off for everyone in the field.

Palm Beach - 4th
 FDNY - 3rd
 Randy Boaz - 4th
 Clincon - 7th
 Rescue 1 - 2nd
 Temple Terrace - 5th
 Prague - 1st
 1st There 1st Care - 3rd

PREPARING TO SERVE OUR COMMUNITY

BATTALION TRUCK



In 2019 we welcomed Battalion 84 into the fleet. A Battalion Chief vehicle has a special place among the fleet and is much more functional than most would imagine.

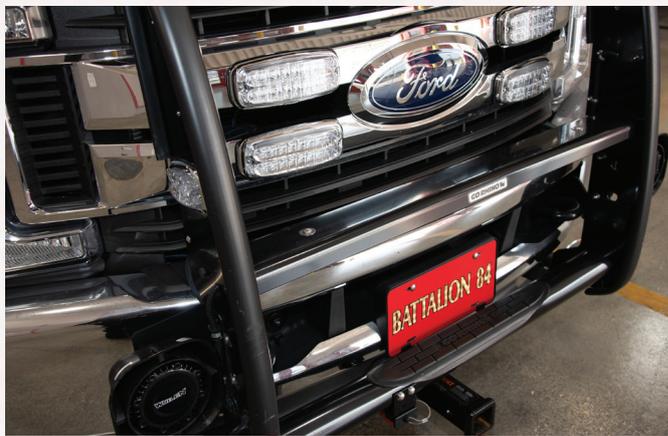
The Battalion Chief vehicle carries a full compliment of medical equipment allowing the Chief to respond to a call should the situation demand.

It also has the heavy extrication equipment for motor vehicle accidents, rehabilitation equipment for firefighters responding to an active fire scene, tactical gear for active shooter situations, specialized testing equipment for hazardous calls and it carries the mobile repeaters, to name a few things.



CANCER INITIATIVE

In the ongoing battle against firefighter cancer we are working on the day to day risk factors they face that we can mitigate. By **replacing the diesel exhaust systems** in all of our bays we are **reducing cancer causing carcinogens.**



Come check it out at the next open house!

ACTIVE SHOOTER



With the rise in recent years of mass shooting casualties Miramar has taken active shooter preparedness and training very seriously.

Training is held among various groups frequently throughout the year. The SWAT Team and the SWAT Medics go through drills frequently as well as performing drills with the Police Department, School Resource Officers and Fire-Rescue Department to prepare for the possibility of such an event to ensure preparedness.



Each Miramar Fire-Rescue member has tactical gear carried on the rescue and/or Battalion truck to be available should the need ever arise.

No one wants to think this could happen to them but it is important we prepare for our community so we are ready if it should.



GETTING INVOLVED WITH OUR COMMUNITY

According to the NFPA there are approx. 780 home fires per year caused by decorations.

So, skip the real candles and buy fire retardent deco.



CANCER INITIATIVE

There is a prevalence of cancer among firefighters which is not a statistic that anyone wants to report on and we are committed to continuing our work in keeping our firefighters safe but also in giving back.

A group from Miramar Fire-Rescue teamed up with Autonation for their Drive Pink Campaign to deliver care bags to patients undergoing cancer treatment.



Battle of the badges raises both community awareness towards autism and funds for autism awareness while bringing the community together for a day in the park. Who doesn't want to watch a friendly game of softball between police and fire?



MLK DAY PARADE

Each year we participate in the parade to honor Martin Luther King Jr. The parade gives us the opportunity to honor his legacy, it gives our community the opportunity to have a closer experience with the Fire-Rescue Department for some who may never have before.



BATTLE OF THE BADGES



COFFEE WITH A FIREFIGHTER



An opportunity for us to come together with our community for conversations, some laughs, answer any questions without there having to be an emergency.

BOOTS AND BADGES



Our holiday edition of the friendly fire vs. police competition series features tree decorating to liven up our adult community center and have the opportunity to spend time with some of the seniors in our community during the holiday season. There may be a trophy involved too but everyone always has a good time which means we all win.

BIZFIT



Our Emergency Management Division joined the BizFit tour of events to discuss preparedness topics. The events and sessions are all aimed at helping small business.

SCHOOL EVENTS



We have the opportunity throughout the year to go to career days and fairs to get the word out about the fire rescue profession and fire life safety education to proactively work on life saving public education.

We also get invited to havefun! Which we do every year at Whispering Pines thanksgiving lunch and kickball!



GETTING INVOLVED WITH OUR COMMUNITY

EVENTS

If there is an event then you will see members of Fire-Rescue there filling a variety roles from the Fire Life Safety inspectors to the FireFighter/Paramedics

We are all working to ensure that our community and all its residents and visitors get to have fun and stay safe.



4TH OF JULY

For example the 4th of July is an event we are working to ensure no one becomes overheated or injures themselves.

HALLOWEEN

Halloween is an event with costumes that can lead to overheating or lost and scared children with loads of anxiety and panic for everyone.



Have you spotted us out and about when you came to an event in Miramar? Stop and say hi!

FIRE PREVENTION



The month of October is Fire Prevention Month and we believe this is an extremely important topic and as a Department spend time throughout the year on public education in an effort to drastically decrease casualties caused by fires.

Fire Prevention Week is observed each year from October 6th-12th in commemoration of the Great Chicago Fire, which began on October 8, 1871, and caused devastating damage.

During October we spend the month visiting schools all over the city to teach children what they can do to prevent fires.

We also work with various scout troops throughout the year with their fire safety badges.

Children playing with fire cause over 20,000 fires a year.



SCHOOL SUPPLY DRIVE



We partner with NBC 6 each year at the end of the summer to host a school supply drive at Station 84.

You never know who might show up but we always now it will be fun and we will get a lot of good done for a good cause and get the message out about fire safety at the start of the school year.



GETTING INVOLVED WITH OUR COMMUNITY



READ FOR RECORD



Each year we participate in Read for the Record, which is the world's largest shared reading experience. We are happy to promote the importance of education for children and raise awareness about the importance of early literacy and language skills for children. We go to various classrooms and read books with the children and sometimes even get a snack!

SCHOOL GROUPS

Students from the Dillard KAPOW program came and put the gear, the trucks and us through our paces! They also learned hands only CPR to be ready in case of emergency!



Station 107 was a stop on Commissioner Colbourne's summer camp field trip tour!



FIELD TRIPS

Students, from various schools, throughout the year and then continuing into summer, with camp field trips, visit us.

We share our experience with the fire service profession, "A Day in the Life of a Firefighter", give them a tour of the station, the equipment and the trucks.

Students have the opportunity to try gear and also review first aid and hands only CPR.

CAMP GROUPS

NATIONAL NIGHT OUT



Being able to participate in a community building event like National Night Out is always amazing. It's message of partnership and camaraderie with our police force as well as within our neighborhoods is such a key piece of what makes Miramar a safe and caring place to live. We are all on board to spread that message further!



SENIOR EVENTS

Throughout the year there are many wonderful events for seniors to participate in. We often have the opportunity to participate whether it be as a walking buddy at the Annual Senior Walk, handing out lunch and dancing at the Annual Senior Picnic or making coffee at the Holiday Party. It is great to see such participation and be a part of bringing joy to someone's day!



As we age we have to remember our abilities when making our fire plan.



In coordination with the Benevolent Association we partner with NBC 6 each year at the holidays to collect toys and host the annual toy drive at Station 84.

For children in need it can have a huge impact on their holiday. Putting smiles on faces is what it is all about!



TOY DRIVE



HONORING THOSE WHO HAVE SERVED OUR COUNTRY

We believe it is important to always remember the impact our veterans have and we strive to give back in any way that presents itself. Whether that be through the work of our Honor Guard, participating in Honor Flight South Florida, via the many veterans who are part of our team or through our yearly 9/11 ceremony.

We are humbled by the great individuals who have served our country before us and those who will sacrifice and come after.

We are very excited to have finalized the plans and to be starting work on Miramar's own 9/11 memorial. Such a tragic day in both America's history and that of the first responder community that symbolizes both a huge loss but also great strength and resilience. It is an honor to be able to memorialize the sacrifice of that day and we look forward to doing that justice.



ALWAYS REMEMBER / NEVER FORGET

THE FUTURE LOOKS BRIGHT

A LOOK AHEAD TO 2020

There is always more to do and we look forward to 2020 for the opportunity to continue on our journey with you Our Community!

- » We plan to expand our mentoring program to include more levels, more sessions and involve more members of our team as mentors.
- » We are expanding our Pet initiative to offer PET CPR classes more regularly and varying locations.
- » We will be introducing a new "Alert" sticker and program for disabled individuals along with a registration program.
- » We will continue our work towards our ISO Class 1 rating.
- » We will be expanding our training schedule to offer more times and days for CPR, AED, Stop the Bleed and Fire Extinguisher classes as well as offering Corporate training for interested businesses.

**SEE YOU IN 2020!
WE ARE ON THIS JOURNEY TOGETHER!**

DID YOU CATCH OUR PATCHES?

WELL, THERE ARE **5** HIDDEN THROUGHOUT THE REPORT. ONE REPLICA OF EACH MAIN PACTH WE HAVE HAD AS A DEPARTMENT. WANT A HINT? WE POSTED ONE TO OUR SOCIAL MEDIA ACCOUNTS. **GOOD LUCK! GOOD HEALTH! HAVE FUN!**



#MiramarFireRescueProud



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