

Teen Council Advisory Board: Meeting Minutes

February 15th, 2024,

6:30pm

A meeting of the Teen Council Advisory Board (TCAB) took place at 6:46 p.m. on Thursday, February 15th, 2024, at the Vernon E. Hargray Youth Enrichment Center.

I. **New business:**

A video about 15 ways successful people staying motivated. Some ways were through building resistance, mindfulness, and reflection. Also, by consuming information and gaining feedback can help one stay motivated. **Reflection question:** What are new ways you may incorporate motivation in your day-to-day lives as students/athletes/humans?

II. **Upcoming events:** NLC (National League of cities conference) in March 2024, and Washington updates. Afro Caribbean Festival 2/17. Miramar Family nights 2/23. Rhythms of Africa 3/16-3/17.

III. **First annual teen splash event:** (A kick off summer event) Some fundraiser ideas for the event include selling ice cups/icees, drinks, popcorn, and more. (We can ask if any vendors will donate for us to fundraise). Prizes can be gift cards from Amazon, for food, or a visa. Teens must be 13-17, and ID's must be presented. No admission fees. DATES UPDATE: Has been pushed back for convince.

IV. **Next podcast:** Practiced and Discussed how the conversation would flow.

V. **Upcoming Meeting:**

The next meeting is on Thursday, March 7th, 2024, at 6:30 pm at Miramar Youth Enrichment Center

VI. **ADJOURNMENT:**

The meeting was adjourned at 7:17 p.m.

Arielle Hyndman, Secretary